

hyatt pure

A worldwide collection of extraordinary spas, ranging from urban to resort in setting. Each spa is custom designed to embrace the local environment and culture to provide an authentic indigenous experience. Returning to the true definition of spa, 'sanitas per aquas,' Latin for 'healing by waters,' treatments and services incorporate the principles of hydrating the body to promote wellness and renewal.

hyattpure.com

stillwater spa

A home away from home where wellbeing, peacefulness and calm are instilled in an urban haven. Stillwater Spa is renowned for exceptional service and personally designed spa experiences for each and every guest. We draw on the ambience of our beautifully appointed spa and the natural elements of our striking urban destination.

It's your time. Time to relax.
Time to energize. Time to treasure.

spa days

Spa Duet

280 to 350

Stillwater Suite offers dual treatment tables for massage, body butter indulgence and relaxation facial treatments. Suite includes a private eucalyptus steam room to enjoy prior to the treatments.

A perfect retreat for two.

Pure Bliss

5 hours · 600

Full hour body treatment of choice, full hour massage of choice, Spa lunch, Sonata Facial, Stillwater Manicure and the gift of a Stillwater Robe.

One Fine Day

5 hours · 475

Full hour body treatment of choice, full hour massage of choice, Spa lunch, Sonata Facial, choice of Stillwater Manicure or Stillwater Pedicure.

How Sweet It Is

4 hours · 400

Full hour body treatment of choice, full hour massage of choice, Stillwater Manicure and Stillwater Pedicure.

Mama Mia

4 hours · 300

Full hour massage of choice, Stillwater Manicure, Stillwater Pedicure, Spa lunch and a special gift.

Maximum Him

2 1/2 hours · 260

Half hour Spa Glow of choice, Full Hour Muscle Mend Massage and a Sport Pedicure.

spa massage

Essential Fusion 60 minutes · 125 90 minutes · 160

Combine the sense of smell and touch to provide the ultimate sensory experience.

Swept Away 60 minutes · 125 90 minutes · 160

Relaxing strokes and localized movements induce general relaxation.

Body Quench 60 minutes · 125 90 minutes · 160

Pure hydration customized with a rich and indulgent body butter.

Muscle Mend 60 minutes · 125

Firm massage focusing on muscle tension and discomfort.

MOMassage 60 minutes · 125

Customized massage for the mother to be.

Warm Stone 60 minutes · 140

Warm stones placed along the body's energy channels to melt away tension and fatigue.

Reflexology 60 minutes · 125

Cleanse the mind and body while reviving the soul.

The Avenue 30 minutes · 85

Tension relieving massage on the neck, back and shoulders.

Thai Lotus 90 minutes · 185

Inspired by traditional Thai techniques to awaken the mind and body.

spa body

Serenity

90 minutes · 210

Journey to inner harmony with a herbal foot soak, followed by a full body exfoliation, masque, vichy shower and moisture massage. Your complete body passage is reached through guided meditation then specialty tea service in the Serenity Room.

Body Butter Indulgence

60 minutes · 145

Gentleness of butter will seep into the skin as the body is cocooned in a luxurious duvet.

Belly & Body Butter

60 minutes · 145

The body butter indulgence specialized for the expecting mother.

Urban Renewal Masque

60 minutes · 145

Detoxifying, stimulating and smoothing the skin and body.

Sublimely Soft Masque

60 minutes · 145

The ultimate for skin hydration.

Luminous Masque

60 minutes · 145

Speed up the activity of cellular regeneration and fortify the epidermis.

Spa Glow

30 minutes · 85 60 minutes · 145

Enjoy a full body sea salt exfoliation with the warmth and comfort of Vichy therapy and hydration.

spa face

Sonata Facial

60 minutes · 135

Signature Sonata Facial looks after all skin care needs in the tradition of the European facial including steam and extractions, customized to specific needs.

Pure Facial

60 minutes · 135

Our customized, organic facial utilizing products derived from nature's finest ingredients will leave your skin cleansed and refreshed.

Opus Facial

90 minutes · 180

A firming and brightening facial that brings tone to the face and neck while repairing and redefining your facial contour.

Warm Stone Facial

60 minutes · 140

Sonata Facial combined with use of warm stones release blocked energy and induce deep relaxation.

Minuet Facial

30 minutes · 85

Refreshing facial designed to revitalize skin's dysfunctions while a microcirculation masque breathes new life into the skin.

The following can be added to any above facial selection

Eye Contour

Infusion · 25

Experience the regenerating and restructuring effects that instantly smoothes and hydrates the eye area.

spa nails

Stillwater Pedicure

60 minutes · 100

Combines nail, cuticle work and callous removal, warm paraffin or exfoliation complete with a massage and polish application.

Sole Soothing Pedicure

75 minutes · 120

Stillwater Pedicure infused with a circulation masque for the lower leg, a rich intensive moisture treatment and massage for the feet.

Warm Stone Pedicure

90 minutes · 125

Stillwater Pedicure with the added luxury of a Warm Stone Massage to the lower legs and feet.

Sport Pedicure

45 minutes · 75

Pedicure for men includes complete foot and nail care with Brazilian sea salt scrub application, relaxing lower leg and foot massage.

Avenue Pedicure

30 minutes · 60

Express! Nail, cuticle work, exfoliation and polish application.

Stillwater Manicure

60 minutes · 70

A herbal hand soak, cuticle work and paraffin treatment. Followed by a relaxing lower arm and hand massage with polish application.

Sport Manicure

30 minutes · 65

Manicure for men includes all nail and cuticle work with buffing and shaping. Complete with a hand and lower arm massage.

Avenue Manicure

30 minutes · 50

Express! Nail, cuticle work and polish application.

spa etiquette

Spa Therapy Arrival

Guests who are enjoying spa day packages, body treatments, massages or facials are asked to arrive a minimum of 30 minutes prior to their first spa treatment. These guests may take pleasure in the following spa facilities and our pre and post treatment recommendations:

- Women's and men's whirlpools
- Women's and men's eucalyptus steam rooms
- Rain showers
- Spa lounges
- Serenity Room

Pre-treatment Recommendations

To ensure you receive the most from your spa therapy we recommend spending 5 to 10 minutes in the whirlpool and/or steam room with 10-second intervals under the cold rain showers. These hot to cold transitions are excellent for your blood circulation and assist in preparing the body for therapy.

Post-treatment Recommendations

Your spa day continues after treatments as you indulge in our Serenity Room. Take this extra time to relax and enjoy our luxurious chaise lounges and peaceful environment. The Serenity Room is the ultimate completion to your spa day before you re-enter the busy world outside.

Nail and Waxing Services Arrival

For guests enjoying nail and waxing services, it is not necessary to change into a robe and therefore we recommend wearing comfortable clothing. Guests may arrive approximately 10 minutes early for their nail or waxing services.

In an effort to ensure the spa atmosphere is calm and peaceful, the spa lockers, lounges, steam rooms and whirlpools are reserved for guests who are required to change for their spa experience and are enjoying treatments that are enhanced through our pre and post treatment recommendations.

spa etiquette

Peaceful Enjoyment

To ensure that all guests can enjoy the peaceful sanctuary of Stillwater Spa, we respectfully request that all guests keep noise to a minimum; cellular phones and electronic devices are not to be used within the spa. Stillwater Spa is an adult facility and available to men and women 18 years of age or older.

Cancellation Policy

Should you need to cancel or change your appointment, please notify us at least 24 hours prior to your scheduled appointment. Without this notification or failure to arrive for your scheduled service will result in a full charge of your scheduled treatment. Package cancellation requires 48 hours notice.

Special Considerations

Please advise us upon booking of any allergies, ailments, disabilities, high blood pressure, and pregnancy or if wheel chair access is required. Consumption of alcohol before, during or directly after particular spa treatments such as massages, masques and glows is not recommended.

Gratuities and Taxes

Gratuities and taxes are not included in the price of treatments. Gratuities typically range from 10% to 20% of service price, but are at the full discretion of the guest.

Stillwater Spa Hours of Operation and Reservations

The Spa is open 7 days a week.

Reservations are required and can be made by calling, 403-537-4474

Stillwater Spa Inspired Cuisine

Stillwater Spa is pleased to offer a spa-inspired menu created by our renowned Hyatt Regency Calgary Culinary Team. Enjoy one of our delicious selections while you relax between your spa treatments or as a wonderful way to complete your spa experience. The Spa Concierge would be happy to make all the arrangements.

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