

stillwater spa

hyatt pure

A worldwide collection of extraordinary spas, ranging from urban to resort in setting. Each spa is custom designed to embrace the local environment and culture to provide an authentic indigenous experience. Returning to the true definition of spa, 'sanitas per aquas', Latin for 'healing by waters', treatments and services incorporate the principles of hydrating the body to promote wellness and renewal.

HyattPure.com

stillwater spa

The sun, mountains and water of Canada combine with a progressive culture of people to create a landscape and cityscape unlike any other: Calgary.

Supporting your well being and that of our community with our commitment to eco-friendly practices, we bring you the best of nature, nurture and culture from across Canada.

With offerings to Cleanse, Activate and Nourish your body and mind, we use locally sourced, organic products whenever possible, personalizing your treatments to best support your wellness needs.

In the heart of urban Calgary, Stillwater Spa is your gateway to personal well being and pure, natural splendour.

stillwater retreats

Retreat to Stillwater Spa and enjoy true personal renewal with natural Canadian products and expert spa techniques that will best serve your needs.

Designed with you in mind, choose your Retreat by focusing on your wellness goals, whether it be to Cleanse, Activate or Nourish your body and mind.

Following your treatments, you'll enjoy a plate of healthy spa cuisine to complement your spa Retreat.

Calgary Cleanse

3 hours • 385

The perfect way to escape the city, cleanse the body and clear the mind. You'll emerge relaxed with a radiant new glow.

- Red Earth Detox Wrap
- 1-hour Swept Away Massage
- Pure Splendour Facial

Alberta Activation

2½ hours • 320

When you need a boost, benefit from a personalized massage, body treatment and foot care. It's the perfect prescription for natural invigoration.

- 1-hour Swept Away Massage
- 1-hour Blue Algae Wake-Up Wrap
- Avenue Express Pedicure

Royal Nourish

4 hours • 475

Full renewal for when the seasons change or when it's just you that needs a change. Enjoy our favourite therapies and be nourished from top to toe.

- 1-hour Aromatic Elements Body Treatment
- 1-hour Swept Away Massage
- 1-hour Nourish Me Facial
- Nourishing Pedicure

stillwater cleanse

Treatments in tune with the fast-paced energy of the city, these essential treatments detox and refresh.

stillwater cleanse

FACE

Pure Splendour Facial 1 hour • 135

Detoxifying, purifying and soothing your skin, organic products deeply cleanse based on your skin's needs.

The Avenue Express ½ hour • 85

When time is of the essence, be refreshed in no time with the best natural products for your skin.

Back to Fresh 1 hour • 125

Treat the hard to reach area of the back with this deeply cleansing red earth purifying treatment.

BODY

Pure Splendour Body Therapy 2 hours • 295

An oatmeal scrub with sage and cedar combines with a hot stone massage and guided meditation to reconnect you to Alberta's natural splendour.

Red Earth Detox Wrap 1 hour • 145

Exfoliation and a red earth clay pull toxins from the skin, purifying in the most natural way possible. Wrapped in warmth, raspberries infuse skin with antioxidants.

stillwater cleanse

MASSAGE

Cleanse Massage 1 hour • 145 | 1½ hours • 180

Deeply grounding. Massage with warm stones induces muscle relaxation at the deepest level.

The Avenue Express ½ hour • 85

The fastest way to reduce tension in the back, neck and shoulders or your specific area of discomfort.

Essential Reflexology 1 hour • 125

Ignite your body's natural healing abilities as we apply pressure to specific points on your feet.

HANDS & FEET

The Avenue Express Manicure & Pedicure

Our express hand and foot treatments see to it that your nails look great and you feel newly refreshed.

• Manicure ½ hour • 50

• Pedicure ½ hour • 60

• French Manicure ¾ hour • 60

• French Pedicure ¾ hour • 70

Red Earth Detox Pedicure 1¼ hours • 125

Take time to enjoy this purifying & detoxifying red earth clay foot treatment combined with our nourishing pedicure.

stillwater activate

Ignite your inner strength and restore your skin with therapies to boost those who love to be dynamic all-year-round.

stillwater activate

FACE

Activate Facial

1½ hours • 180

A glycolic peel and hydration slow the appearance of fine lines while reversing environmental damage.

Men's Activation Facial

1 hour • 135

Purifying, hydrating and fortifying. Our men's facial activates with the natural products best for your skin.

BODY

Solar Recovery Scrub

1 hour • 145

Calgarians are continuously exposed to the harsh elements outdoors. This restorative salt scrub with aloe or raspberry repairs your weather-damaged skin.

Aloe & Clay Refresh Wrap

1 hour • 145

Dry brush exfoliation with active clay and aloe re-hydrate, energizes and works to reduce cellulite.

Blue Algae Wake-Up Wrap

1 hour • 145

Decongesting and re-mineralizing, blue algae and peppermint restore luminosity when circulation starts to slumber. Shea butter locks in your skin's hydration.

stillwater activate

H₂O Activation

½ hour • 85 | 1 hour • 145

A Vichy treatment for those who love the water, this loofah and salt scrub prepares skin to receive intense moisture, fully restoring skin in Calgary's dry climate.

MASSAGE

Activate Massage

1 hour • 135 | 1½ hours • 170

For an invigorating, therapeutic massage, deep tissue techniques work to unlock aches and pains.

Herbal Stem & Stretch

1½ hours • 210

Perfect for the athlete, our herbal stem pull toxins out while preparing muscles for a session of circulation-increasing, pain-relieving stretches.

Essential Quench

1 hour • 130 | 1½ hours • 165

Body massage with rich shea body butter infuses your skin with new life while locking in ultimate hydration.

HANDS & FEET

Men's Activating Manicure & Pedicure

Essential nail, cuticle and skin care for men's hands and feet with a fresh, natural scent.

• Manicure

½ hour • 50

• Pedicure

¾ hour • 75

stillwater nourish

Enjoy the splendour of nature as you slip into a state of calming relaxation with restful, centering therapies.

stillwater nourish

FACE

Nourish Facial 1 hour • 135

Let our skin specialists customize the perfect facial for you with the organic products your skin craves.

Stillwater Silk Peel 1 hour • 195

Diamonds exfoliate without damaging your skin's natural structure, allowing natural healing serums suited to your skin's needs to be instantly absorbed.

Oxygen Vitalizing 1¼ hours • 175

Vitamin-infused oxygen, nourishing botanicals, and hydrating glacial water breathe new life into skin.

BODY

Pacific Coast Serenity 1½ hours • 210

Slip into serenity with this nourishing clay mask, sea mineral Vichy scrub and hydrating shea butter moisture massage. A facial massage and scalp treatment make for complete & total relaxation.

Aromatic Elements ½ hour • 85 | 1 hour • 145

Choose your favourite aroma and slip into a sensory experience starting with a dry brush exfoliation and ending in a rich shea butter and jojoba massage.

stillwater nourish

MASSAGE

Nourish Massage 1 hour • 125 | 1½ hours • 160

An all-senses massage with your choice of scented oils creates a truly personal, nourishing experience.

Swept Away 1 hour • 125 | 1½ hours • 160

A relaxing massage with lighter pressure calms the body, offering a reprieve from the chaos of daily life.

Essential Rain 1 hour • 145

Essential oils drop like rain onto specific energy points for a dreamlike experience to balance and nourish.

HANDS & FEET

Nourishing Manicure & Pedicure

A massage and polish combine with nail care, cuticle work, exfoliation and callus removal for our most decadent manicure and pedicure.

- Manicure 1 hour • 70
- Pedicure 1 hour • 100
- French Manicure 1¼ hours • 80
- French Pedicure 1¼ hours • 110

stillwater mom

For moms and moms-to-be, organic treatments are safe for you and baby as you bask in natural beauty.

stillwater mom

The Organic Mama

4 hours • 415

For the new mom or mom-to-be, this all-organic experience will make you feel perfectly beautiful. Enjoy healthy spa cuisine following your retreat.

- Organic Mom Body Therapy
- Organic Mom Body Massage
- Nourishing Pedicure

Organic Mom Body Therapy

1½ hours • 210

This organic oatmeal exfoliation combines with a massage application of shea butter and belly jelly to restore skin before we pamper tender, sensitive feet.

Organic Mom Body Massage

1 hour • 125

Supported by a special pillow, massage for the expectant mom offers full support and comfort plus extra attention to the belly to avoid stretch marks.

Organic Belly Blessing

½ hour • 85 | 1 hour • 145

For the mom-to-be, dry brush exfoliation combines with unscented or lavender body butter and belly jelly for a relaxing, pro-active massage experience.

stillwater essentials

FACIAL

Salicylic Peel	40
Silk Peel 30 min	115
Collagen Lip Contour	25
Collagen Eye Contour	25
Oxygen Facial Booster	55
Oxygen Lip Rescue	30
Oxygen Eye Rescue	30
Colorescience Makeup Retouch	30

EYES

Brow Shaping	30
Brow Tint	25
Lash Tint	35
Lash Extensions	250
Lash Fills	60+
Lash Removal	50

stillwater essentials

HANDS & FEET

French Polish Change	40
Polish Change	30

WAXING

Chin	30
Lip	20
Full Face	60
Bikini	45
French Bikini	70
Brazilian	80
Under Arm	35
Lower Leg	50
Upper Leg	55
Full Leg	80
Half Arm	40
Full Arm	55
Half Back	45
Full Back	75

how to spa

Stillwater Spa fully supports your pursuit of a healthy, green lifestyle. Using 100% clean natural and organic products where possible, Stillwater Spa treatments are free of toxic ingredients.

Reservations Advance reservations are strongly recommended. Please contact the Spa Reservations team to request a treatment. Prices are subject to change without prior notification.

Couples We invite you to experience your treatments of choice in tandem, complete with a 15-minute couples eucalyptus steam. We are also happy to create a custom package for you to enjoy together. For pricing & reservations, please inquire with our Spa Reservations team.

In-Room Massage Many of our massage treatments can be enjoyed in your guest room. Please inquire with our Spa Reservations team for booking and pricing.

Pre-Arrival Please arrive 30 min to 1 hour prior to your treatment start time to take full advantage of our facilities. Appointments begin promptly at the time scheduled. If you arrive late, the appointment is shortened to allow the technician to be on time for the next session.

Spa Environment At Stillwater Spa we strive to provide you with the most relaxing and soothing spa experience possible. In consideration of other guests, we ask that cell phones and pagers are turned off and left in the lockers provided. Alcohol and smoking are not permitted. Stillwater Spa is an adult only retreat, 18 years of age and older only.

how to spa

Cancellation Should you need to cancel an appointment at Stillwater Spa, cancellations & changes for individual services are accepted up to 24 hours prior to appointment. Cancellations and changes for Retreats are accepted up to 48 hours prior to appointment. Without this notification, you will be charged in full.

Amenities Spa guests are encouraged to bring their bathing suits to enjoy the complimentary use of our private men's and women's steam rooms and whirlpools.

Spa Attire Stillwater Spa will provide you with a robe and sandals for your comfort. A secured locker will also be provided for storing your personal belongings. Stillwater Spa is not responsible for lost, stolen or misplaced items.

Therapists You may request a male or female therapist, however, we cannot guarantee the availability of any particular therapist. All of our registered therapists are properly trained to ensure your comfort at all times.

Communication Please communicate with your technician to ensure satisfaction and to customize your services to fit your needs. Please advise upon booking of any allergies, ailments or disabilities, especially if you have high blood pressure or you are pregnant.

Gratuities All gratuities are at your discretion. Please inform the Concierge if you wish to leave a gratuity for your technician.

Gift Certificates Gift Certificates are available and always make the perfect gift.

**Stillwater Spa
Hyatt Regency Calgary
On Stephen Avenue Walk**

700 Centre Street SE
Calgary, Alberta, T2G 5P6, Canada
T. 403.537.4474 F. 403.537.4489

StillwaterSpaCalgary.com
HyattRegencyCalgary.com



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